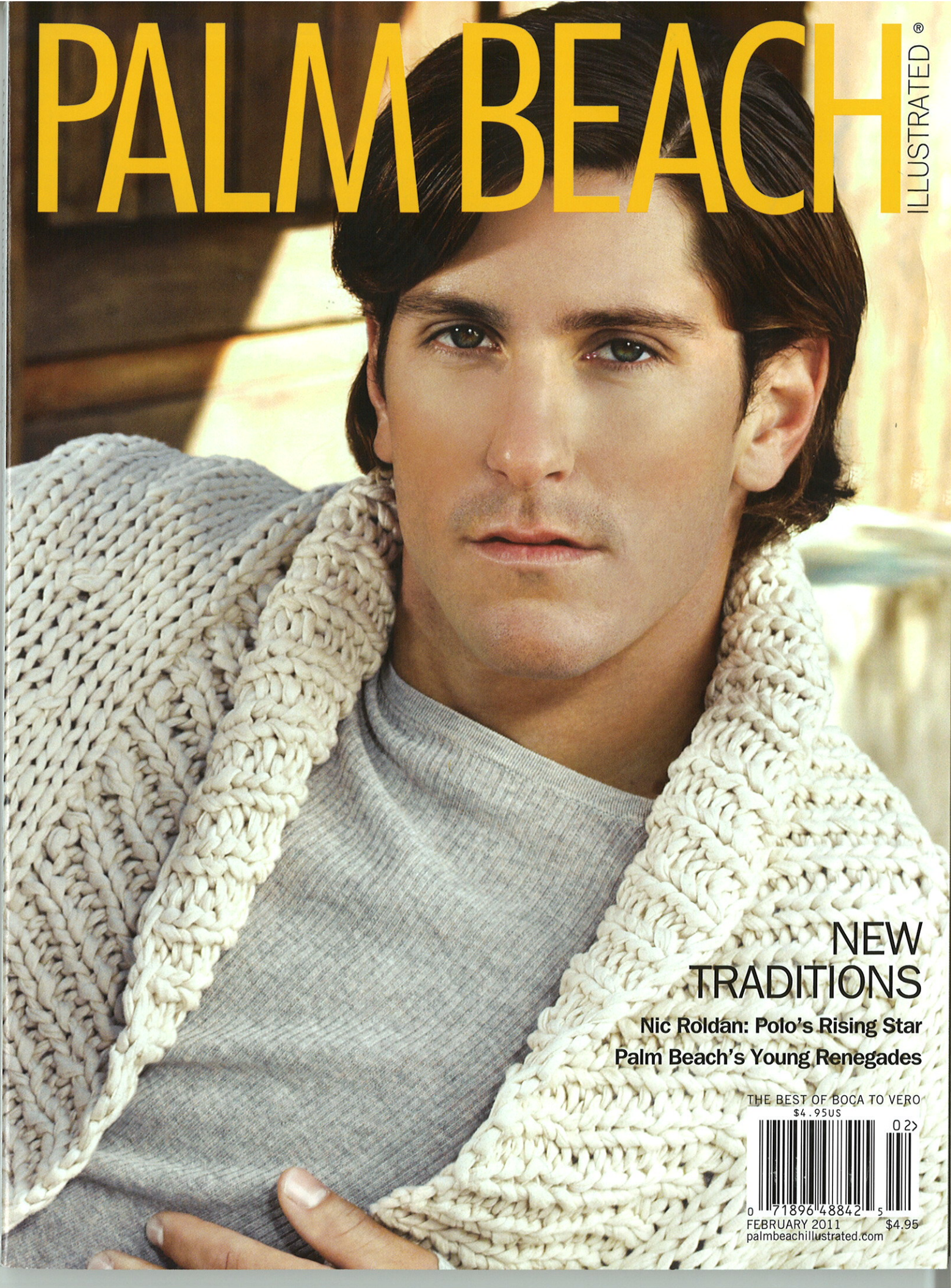


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ZED451 Pastry Chef Kate Milashus wanted to make an elegant, eye-popping plate that looked like a work of art, with each dessert presented as if it was especially made for the guest. The result is the Heart of Darkness, a spectacular array of eight personal chocolate desserts, including chocolate Cabernet cake, mini chocolate brownie ice cream cone, chocolate cheesecake smoothie and chocolate crème brûlée. "The darkness of the chocolate looks striking against the stark white plate," she says. "I chose the name as a play on the Joseph Conrad novel and because the desserts are different types of dark chocolate." *Boca Raton (561-393-3451, zed451.com)*

PHOTO COURTESY OF ZED451